

Calabra Maceri e Servizi S.p.A.

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# Practical Handbook to Urban Selected Waste Collection

# Organic Waste



## DOS

### Food waste

Fruit peel and vegetable scraps, bones, scales, egg shells, kernels, stale bread, food scraps and spoiled food, tea bags, coffee grounds, paper napkins and cork tops, matchsticks, toothpicks, spoiled flowers and domestic plants.



## DONT'S

Plastic dishes, cups and cutlery, coffee capsules in plastic/aluminum, garden green waste, cellophane, bandages and plasters, woodchips, non organic cat litters, cigarettes and cigarette buds, nappies and sanitary towels.

Once collected, organic waste will be transferred to our biodigestion and composting plant in Lamezia Terme, where it will be subjected to treatment and turned into biomethane and soil amender for organic farming.



## HOW

It's a door to door curbside collection, **as listed in the week planner.**

Disposal of organic waste in compostable sacks according to regulations EN13432. The sack needs to decompose in the same time as the organic waste it carries.

**Using non compliant sacks, will result in failure in collecting.**

### Single property:

Dispose organic waste in the brown bin

### Apartment blocks:

Dispose organic waste in gray wheeled bins with brown top, if your apartment block is equipped with them. Otherwise, dispose organic waste in the brown bin by the selected collection point



## WHEN

### Monday - Wednesday - Saturday

Within 06:00 a.m. of the set collection day  
(starting from 21:00 of the day before collection)

# Mixed Materials Plastic and Metals



## DOS

Packaging and small objects in plastic and metals, bottles, blisters, bags, plastic sacks, metal tops, cans, tins etc.



## DONTS

Nappies, sanitary towels, absorbent pet mats or rugs, any type of organic waste, paper or glass.

Once collected, mixed materials will be delivered to a recovery, selection and recovery plant, before being transferred to the relative transformation industry, as secondary raw materials, to come back to life under a new product



## HOW

It's a door to door curbside collection, **as listed in the week planner.**

Disposal of mixed material in yellow sacks

**Using black sacks or matt non compliant sacks. will result in failure in collecting**

### Single property:

Dispose mixed materials in yellow sacks by the curbside.

### Apartment blocks:

Dispose mixed materials in yellow sacks in gray wheeled bins with yellow top, if your apartment block is equipped with them. Otherwise, dispose mixed materials in yellow sacks by the selected collection point



## WHEN

### Friday

Within 06:00 a.m. of the set collection day  
(starting from 21:00 of the day before collection)

# Paper



## DOS

Newspapers, magazines, old books, notebooks, packaging in paper and/or cardboard, tetrapack for drinks and food.



## DONT'S

Plastified paper, non stick ovenproof paper, paper contaminated by toxic or flammable substances, absorbing paper

Once collected, paper will be delivered to a recovery, selection and recovery plant, before being transferred to the relative transformation industry, as secondary raw materials, to come back to life under a new product



## HOW

It's a door to door curbside collection, **as listed in the week planner.**

Press and fold cardboard boxes. Place in the blue waste bins available for collection.

**Using black sacks or matt non compliant sacks. will result in failure in collecting**

### Single property:

Dispose paper in blue sacks by the curbside.

### Apartment blocks:

Dispose paper in blue sacks by the selected collection point.



## WHEN

### Thursday

Within 06:00 a.m. of the set collection day  
(starting from 21:00 of the day before collection)

# Glass



## DOS

Glass cups and bottles, glass jars, glass containers and pots for food and drinks, glass bottles (even the ones previously used for medicines as long as they are empty)



## DONT'S

Bottles tops, mirrors, crystal items, ceramic items, lampbulbs or neon tubes.

Once collected, glass will be delivered to a recovery, selection and recovery plant, before being transferred to the relative transformation industry, as secondary raw materials, to come back to life under a new product





## HOW

It's a door to door curbside collection  
**as listed in the week planner.**

Place in the waste bins previously supplied  
Dispose glass "loose".

**Do not use sacks in paper, plastic or fabric  
for disposal.**

### Single property:

Dispose glass in the green waste bin by the  
curbside

### Apartment blocks:

Dispose glass in gray wheeled bins with  
green top, if your apartment block is  
equipped with them. Otherwise, dispose  
glass in the green waste bin by the selected  
collection point



## WHEN

### Wednesday

Within 06:00 a.m. of the set collection day  
(starting from 21:00 of the day before collection)

# Sanitary towels



## DOS

Nappies, sanitary towels



## DONT'S

Anything else that is disposed of in the other types of collection

*Dedicated to Nurseries, Retirement homes. It can be requested as a supplementary collection service.*

Once collected, the materials will be delivered to the Treatment Plant selected by the regional authority, to be submitted to biostabilization and inertization



## HOW

It's a door to door curbside collection, **as listed in the week planner.**

Dispose sanitary towels in pink clear sacks

**Using black sacks or matt non compliant sacks, will result in failure in collecting**

### Single property:

Dispose sanitary towels in pink clear sacks by the curbside.

### Apartment blocks:

Dispose sanitary towels in pink clear sacks in gray wheeled bins with red top, if your apartment block is equipped with them. Otherwise, dispose sanitary towels in pink sacks by the selected collection point



## WHEN

### Tuesday - Saturday

Within 06:00 a.m. of the set collection day (starting from 21:00 of the day before collection)

# Residual NOT recyclable



## DOS

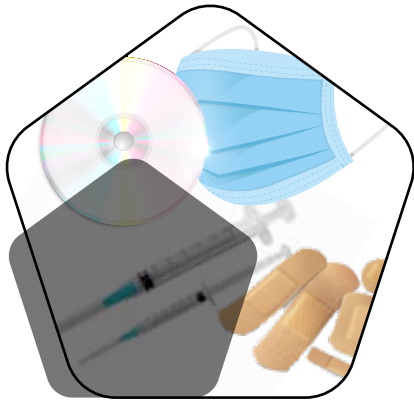
Medication bands, plasters, pets litter, syringes.



## DONTs

Glass, Plastic, garden green waste, nappies, and sanitary towels, food waste.

Once collected, the materials will be delivered to the Treatment Plant selected by the regional authority, to be submitted to biostabilization and inertization



## HOW

It's a door to door curbside collection, **as listed in the week planner.**

Place in the waste bins previously supplied. Dispose residual not recyclable waste "loose".

**Do not use sacks in paper, plastic or fabric for disposal.**

### Single property:

Dispose in the gray bin

### Utenze condominiali:

Dispose residual not recyclable waste in gray wheeled bins with gray top, if your apartment block is equipped with them. Otherwise, dispose loose residual not recyclable waste in the gray bin by the selected collection point.



## WHEN

### Tuesday

Within 06:00 a.m. of the set collection day (starting from 21:00 of the day before collection)

# Bulky items and electrical and electronic goods



## DOS

Bulky items of various kind: furniture, mattresses and bed bases, large glass panels and similar, metal objects.

Electrical and electronic of large dimensions: fridges, freezers, air-conditioners, washing machines, dishwashers, television appliances, printers and monitors.

On purchase of a new electrical and/or electronic appliance, the retailer is legally required to collect the old appliance.

Numero Verde Gratuito  
**800 500013**

*From Monday to Friday  
from 9:00 until 13:00 and from 15:00 to 18:00*



CMS\_App

[info.isolacr@calabramaceri.it](mailto:info.isolacr@calabramaceri.it)



## HOW

### Curbside collection by telephone reservation, for domestic residents only.

A separate Collection of the above is available every other week.

Reservation can be made by telephone, mail, text message by whatsapp or dedicated App, providing the name of TARI registered holder, the full address and the description of the items which are to be disposed of (to a maximum of 3 pieces per single booking)



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## WHEN

Day and time of collection are agreed on booking.

The items to be collected must be placed on the curbside, by its own front door, according to the instructions received by the operator on booking.

# Garden Green Waste



## DOS

Vegetable green waste from maintenance of private gardens, leaves, branches, grass, spoiled flowers and plants.

**It is possible to request the specific service, filling the form available from our website and/or from our App.**

**Materials must be placed in wheeled bins and/or sacks supplied.**



## DONT'S

Vases, various equipment and appliances.

Alternately it is possible to dispose of garden green waste in the Waste collection Centre, located in loc. Sant'Antonio, opposite to the Football ground.



*From Monday to Friday*

*from 9:00 until 13:00 and from 15:00 to 18:00*



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[info.isolacr@calabramaceri.it](mailto:info.isolacr@calabramaceri.it)





## HOW

**It is a door to door curbside collection, on request, for domestic residents only**

Alternately it is possible to dispose of garden green waste in the Waste collection Centre, located in loc. Sant'Antonio, opposite to the Football ground.



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## WHEN

**Door to door curbside collection:** Day and time of collection, will be agreed on delivery of the equipment (wheeled bins and/or sacks).

**Friday:**

from 9:00 to 12:00 in the Waste collection Centre, located in loc. Sant'Antonio, opposite to the Football ground.

# Hazardous Waste Micro collections



## DOS

### Exhausted batteries

Small batteries, button batteries.

### Expired medicines

Dispensers and blisters with out of date medicines

### Toxic and Flammable labelled products

spray cans, cosmetic cans, varnishes, thinners and solvents, inks, insect killers, detergents, glue, parasite and mice killers, bacterial repellents, grass inhibitors



## DONTS

Packaging, or illustration sheets which accompany the medicines and have not been in direct touch with chemical substances, can be disposed of in the Paper waste collection.

Numero Verde Gratuito  
**800 500013**

From Monday to Friday  
from 9:00 until 13:00 and from 15:00 to 18:00



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[info.isolacr@calabramaceri.it](mailto:info.isolacr@calabramaceri.it)



## WHERE AND HOW

Materials can be disposed of in especially allocated boxes, placed in the Collection Points by retailers, chemists, public buildings.

Check the list of Collection Points on the dedicated App.



**CMS\_App**

Or on our website:  
[www.calabramaceri.it/isoladicaporizzuto](http://www.calabramaceri.it/isoladicaporizzuto)

# Exhausted Cooking Oil and disused garments



## DOS

### Exhausted Cooking Oil

Olive or any other vegetable oil, vegetable fats as butter and margarine for cooking.

### Disused Garments

Disused garments, berrets, hats, belts in fabric or leather, shoes, handbags and any fabrics



## DON'TS

Mineral oil for autovehicles or machinery



From Monday to Friday  
from 9:00 until 13:00 and from 15:00 to 18:00



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## HOW OIL

Door to door curbside collection,  
**on a three months basis.**

Place oil in plastic bottles by the curbside or in case of apartment blocks in the selected collection point

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## WHEN

**On a three months basis by the calendar provided**

Within 06:00 a.m. Of the set collection day (starting from 21:00 of the day before collection)

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## HOW DISUSED GARMENTS

Its a **road** bin collection

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## WHEN

Place disused garments in clear sacks inside the road bins located around the city. Check collection point consulting website on: [www.calabramaceri.it/isoladicaporizzuto](http://www.calabramaceri.it/isoladicaporizzuto)

# Dedicated App: CMS\_App

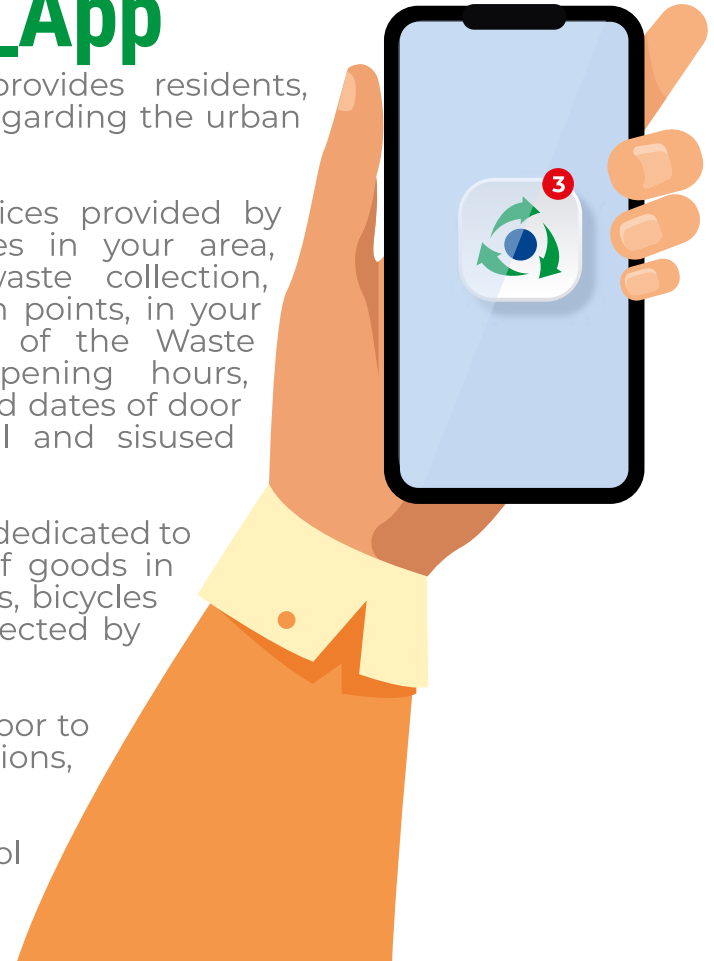
CMS\_App is the free application which provides residents, registered with Calabra Maceri, informations regarding the urban collection services.

The application offers a wide range of services provided by Calabra Maceri such as: collection schedules in your area, interesting tips for a correct selected waste collection, geo-localization of Hazardous Waste collection points, in your borough, geo-localization, where available, of the Waste Disposal Collection Centre and relative opening hours, geo-localization of the Info-point, schedules and dates of door to door collections of exhausted cooking oil and sisused garments, in your area.

Moreover, the App will feature a special section dedicated to reusing, for residents who need to dispose of goods in reasonable state (furniture, electrical appliances, bicycles etc. ), giving them a new chance of being collected by someone who needs them.

On registering you will be entitled to request door to door collections of bulky item, report odd situations, illegal dumping, overflowing wheeled bins, etc.

Download CMS\_App: to access a very useful tool and help keeping clean your town.  
Available for download for Android and iOS



# Composting

## How nature works

In nature microorganisms (fungi, bacterias) break down organic matter no longer “useful”, (dry leaves, food scraps, remains of animals), turning it into HUMMUS for the soil, a rich supplement of nutrients for the plants, which slowly releases their food (nitrogen, phosphorus and potassium), ensuring fertility to the soil.

## THE OPTIMAL SOIL

The composter is to be placed in the composter located in a part of the vegetable plot, orchard or garden, possibly in the shade of a deciduous tree: in the summer the branches shield the composter from direct sunlight and sudden showers, whilst in winter the dry branches let sunrays passing through to accelerate biological process. To have a good drainage and microorganisms exchange with the soil, it is best to

prepare the base for the composter, hoeing the soil and layering a bed of shredded pruning.

### YES

KITCHE SCRAPS: vegetable scraps, fruit peel, skins, tea bags, coffee grounds, egg shells, food scraps; GARDEN GREEN WASTE: pruning, dry leaves, spoiled flowers, grass cuttings ( best if previously dried); OTHER BIODEGRADABLE MATERIALS: absorbent paper, cardboard, untreated wood chips

### LESS

PLANT LEAVES RESISTENT TO DECOMPOSITION: magnolia, cherry laurel, walnut tree leaves, chestnut tree leaves, pine needles (need to be filely chopped and mixed with other biodegradable materials).

### NO

Varnished wood and coated paper, household dust, any waste not listed

## TIME

Compost can be used when:

READY (after 4-6 months from activating the process): it is stable and can be used as a fertilizer befor sawing or repotting plants.

MATURE (after 8-10 months from activating the process): it is a nice soft and black soil, with a nice wood smell and rich of humic acids, good for structuring soils, useful for potted plants, flowers, grass fertilizing, vegetables such as peas, beans, carrots, onions and salads.

# Eco Dictionary

Bulky items/Electronic devices	■
Disused garments	■
Exhausted Batteries	▲
Exhausted Cooking Oils	●
Expired Medicines	▲
Glass	●
Green Garden Waste	■
Mixed material (Plastic and Metal)	●
Non Ryclicable	●
Organic Waste	●
Out of tender services	☎
Packaging	■
Paper	●
Sanitary Towels	●
Toxic and Flamable labelled products	▲

## A

aluminium and steel cans	●
aluminium foil	●
aluminium or plastic blisters	●
asbestos	☎
asbestos	☎
audio and video cassettes	●

## B

bags (metal lined paper )	●
bags (plastic lined paper )	●
bags and sacks(paper)	●
bags and sacks(plastic)	●
bath tubs	☎
batteries	▲
battery charger	■
bed slats	■
bedsprings	■
belts in plastic, leather and fabric	■
bench	■
bicycle	■
bicycle wheels	■
bike helmets	■
biodegradable straw	●
bird feathers	●
bitiminous sheat	☎
blades (disposable)	●
blankets	■
blinds	☎
board	■
body lotion jars in ceramics	●
body lotion jars in glass	●

bones (from food scraps)	●
books	●
boots	■
boxes	■
boxes ( opened, folded and flattened)	●
branches from pruning	■
bricks	☎
brochures	●
broom	●
brushes	●
buckets in plastic	■
bumper	☎
buttons	●

## C

calculators	■
cans and tins for food storage	●
caps in cork	●
caps in plastic	●
carbon paper	●
card	●
cardboard	●
cardboard boxes ( folded and flattened)	●
cd and cd-rom	●
cd or dvd player	■
cd, videocassettes cases	●
cellophane	●
cell-phone	■
cellphone covers	●
cellphones batteries	▲
ceramic tiles	☎



ceramic tiles (broken)	
chairs	
chandellier	
chemical substances (toxic/flammable)	
chewing gum	
china	
china (broken bits)	
china plate	
chipboard	
chopping board (wood or plastic)	
christmas decorations	
cigarette buds	
cigarettes	
clingfilm	
clock	
clogs	
coal (exhausted)	
coat hangers in metal/wood or plastic	
coffee capsules in alluminium or plastic	
coffee capsules in paper	
coffee maker in metal	
coffee residuals	
combs in wood or plastic	
computer	
construction and demolition rubble	
contact lenses	
containers in plastic (cream/sauces)	
containers in plastic (soap/detergent)	
contitioners	
cork	
costume jewelry	

cotton swabs and cotton buds	
cotton wool	
crystal	
crochet needles	
crockery in metal	
cups	
curtain rails	
cutlery in plastic	
cutlery in stainless steel	

## D

dead animals	
decoder	
dental floss	
digital watch	
dirty food paperwrapping bags	
dishwasher/washing mashing	
disposable razor	
disposable tablecloth in paper (clean)	
disused garments	
disused garments	
dolls	
door lock	
doormat	
doors	
double glazing windows	
dry bread	
dust from vacuum cleaner	
dusting cloths	
dvd	

## E

edge trimmer	
eggs shells	
elastic bands	
electrical razor	
electric grill	
electrical and electronic devices	
electrical appliances	
electrical panels	
electrical wires	
exhausted coal	
exhausted cooking oil	
exhausted mineral motor oil	

## F

fabric	
fabric (synthetic and natural)	
fabric curtains	
fabric scraps	
fabric tablecloth	
face masks	
fake christmas trees	
fake grass	
feeding chair	
felts	
fiberglass (sq from household origin)	
fish scales	
fish shells	
floppy disks	

flower pots in earthenware	
flower pots in plastic	
flowers (dried or fresh)	
flowers (fake)	
foam	
food containers in aluminum	
food containers in glass	
food containers in stainless steel	
food leftovers	
food scraps (cooked or raw)	
food wrapping paper	
football	
frames in wood, plastic etc	
fresh christmas trees	
fridgefreezers	
fruit peels	
fruit pits or kernels	
funnel	
furniture	

### G

gadget in plastic	
garden green waste	
gas bottles (empty)	
gazebo	
glass bottles	
Glass jar	
glass slabs	
glasses	
glasses	
glossy paper	

gloves in leather or wool	
grass	
greased food wrapping paper	
greased pizza carton (in small pieces)	
greasy pizza boxes (in small pieces)	
greasy tissues	

### H

hair	
hair	
hairdryer	
hangers in plastic/metal	
hangers in wood	
hard plastic boxes ( commercial origin)	
hard plastic boxes ( household origin)	
hats	
hifi	
hoe	
hooks for sealing bags	

### I

incense	
ink cartridges	
insects	
insulating tape	
iron	
iron (items made exclusively in iron)	
iron doors	
ironing boards	

### J

juice and milk cartons	
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### K

keepfit and gym equipment	
keyboard	
keys	

### L

ladders ( folding)	
large glass jar	
large plastic boxes	
latex disposable gloves	
leather cloth	
leather, plastic or fabric bags	
leaves (in small quantities)	
light bulbs ( incandescent)	
light bulbs (low energy)	
lighters	
litter/bedding	
luggage and package rack	
lyoleum flooring (small quantities)	

### M

magazines	
magnifying lens	
make up	
matchsticks	
mattress	
medicines (out of date)	
metal or pvc pipes	

metal tops of bottles and jars	●
micriller	☎
milk and juice cartons (tetrapack)	●
mirrors	■
miscellaneous equipment	■
monitor	■
moquette	☎
mosquitos blinds	■
mosquitos repellent slabs	●
mouse for computer	■
musical instruments	■
musical speakers	■

paintings	■
pallets	■
pallets	■
pallets in wood or plastic	■
pans	●
pans in aluminium or stainless steel	●
paper and cardboard wrappings	●
paper napkins (dirty)	●
parchment paper	●
parquet flooring	☎
peluche or stuffed animals	■
pencil	●
pens and felt tips	●
pets cages	■
pets carrier	■
pets excrements	●
pets excrements	●
pharmaceutical creams or pastes tubes	▲
phones and cell-phones	■
photographic films	●
photographic films	●
photographic negatives	●
photographs	●
photovoltaic panels	☎
pillows	■
plasterboard (small quantities)	☎
plasters	●
plastic basins	■
plastic bottles	●
plastic boxes	●
plastic cases (hard or soft)	●

plastic cups (wiped with papertowels)	●
plastic food bags	●
plastic jars	●
plastic lids	●
plastic nettings for fruit and vegetables	●
plastic plate	●
plastic pots for food	●
plastic pots for plants (clean)	●
plexiglass (small quantities)	●
polystyrene	●
polystyrene panels	●
polystyrene expanded (commercial origin)	●
polystyrene expanded (household origin)	●
prams	■
prescription lenses	●
printer	■

## N

nail cuttings	●
nail varnishes	●
nails	●
neon bulbs or tubes	☎
newspapers	●
newspapers	●
non woven fabric	●
notebooks	●
nuts shells	●
nylon wrapping	●

## O

oven (gas or electrical)	■
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## P

paint tubes	●
paintbrushes	●

## RS

radiators	■
radio	■
radiograph	●
receipts in paper	●
receipts in thermal paper	●
ribbons	●
roller shutters	☎
rucksack in fabric or plastic	■
ruler in plastic or wood	●
sacks in raffia	●
sandpaper	●
sanitaries	☎
sanitary towels	●

<i>sanitary towels and nappies</i>	●
<i>sawdust</i>	●
<i>sawing or injection needles (with caps)</i>	●
<i>sawing thread</i>	●
<i>scales</i>	■
<i>scarves</i>	■
<i>scissors</i>	●
<i>seafood shells</i>	●
<i>seals</i>	●
<i>sealtape</i>	●
<i>sheets</i>	■
<i>shelves in iron or wood</i>	■
<i>shelves in wood, glass or plastic</i>	■
<i>shoe laces</i>	●
<i>shoes</i>	■
<i>shoppers</i>	●
<i>sink</i>	☎
<i>ski</i>	■
<i>Ski boots</i>	■
<i>small electrical appliances</i>	■
<i>soap slabs</i>	●
<i>socks in wool and cotton</i>	■
<i>sofa</i>	■
<i>solvents (toxic and flammable)</i>	▲
<i>sponge</i>	●
<i>spotlights</i>	■
<i>spray cans (empty)</i>	●
<i>spray or solid deodorant dispenser</i>	●
<i>sprays (toxic and flammable)</i>	▲
<i>stapler</i>	■
<i>stationery</i>	●

<i>strappings</i>	●
<i>straw (small quantities)</i>	●
<i>suitcases</i>	■
<i>sunbed</i>	■
<i>syringes</i>	●

## T

<i>table</i>	■
<i>tanks for household use</i>	●
<i>tapestries</i>	☎
<i>taps ( from household origin)</i>	■
<i>tea bags</i>	●
<i>television</i>	■
<i>tennis racket</i>	■
<i>tetrapack (cartons for milk, juice etc)</i>	●
<i>thermometer</i>	▲
<i>thermos for insulation of food and drinks</i>	■
<i>ties</i>	■
<i>tights in nylon</i>	●
<i>tins</i>	●
<i>tins</i>	●
<i>tins for food ( rinsed and washed)</i>	●
<i>Tissues (used)</i>	●
<i>toddlers playpen</i>	■
<i>toddlers walker</i>	■
<i>toner</i>	☎
<i>toothbrushes</i>	●
<i>toothpaste or food tubes</i>	●
<i>toothpick</i>	●
<i>topsoils for plants (small quantities)</i>	●
<i>toys (electric powered)</i>	■

<i>toys of large dimensions</i>	■
<i>tray for cakes in paper</i>	●
<i>tray in plastic, wood or metal</i>	■
<i>tray in polystyrene</i>	●
<i>trays and jars in plastic</i>	●
<i>trays for eggs in paper</i>	●
<i>trays for eggs in plastic</i>	●
<i>trays in aluminium</i>	●
<i>tricycle</i>	■
<i>trunk</i>	■
<i>tyres</i>	☎

## U

<i>umbrellas and parasols</i>	■
<i>underwear</i>	■
<i>USB keys</i>	■

## V

<i>vacuum cleaner</i>	■
<i>vacuum cleaner bags (full)</i>	●
<i>varnish (container full or partially full)</i>	☎
<i>vases in earthenware</i>	☎
<i>vases in glass</i>	●
<i>vehicle batteries</i>	☎
<i>venetian blinds</i>	☎
<i>video cassettes</i>	●
<i>videorecorder</i>	■
<i>vynile records</i>	■



wardrobes	■
water filters	●
wax (candles)	●
waxing strips and residuals	●
window frames in aluminium and wood	☎
windscreen	☎
windscreen wipers	●
wipes	●
wired glass	■
wood	■
wood boxes ( commercial origin)	■
wood boxes ( household origin)	●
wood from pruning	■
wooden spoons	●
wooden sticks for icecream	●



*“Ughetta the cute Caretta turtle”*  
 The stunning beauty of IDCR in the words  
 of Ughetta.

← Download the comics.



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